

# Camp Qwanoes Communicable Disease Prevention Plan

A *communicable disease* is an illness caused by an infectious agent or its toxic product that can be transmitted in an environment from one person to another. Examples of communicable diseases that could circulate at Camp Qwanoes include COVID-19, norovirus, seasonal influenza, and others.

## Understanding the Risk

Preventing communicable disease involves taking ongoing measures to reduce the risk for communicable disease transmission at camp.

Camp Qwanoes will continually monitor all public health guidance and we are committed to following all public health orders.

Camp Qwanoes will keep clear and concise records of all persons entering the camp property and incidents that occur at camp.

## Implement Measures, Practices, and Policies to Reduce the Risk

Camp Qwanoes will send a pre-arrival, "How are you feeling?" document to campers, students, or guests prior to them being permitted to come to camp. If a camper, student, or guest is experiencing any contagious illness, they will not be permitted to come to camp until their symptoms are resolved. Some examples of symptoms would include (but are not limited to) fever, cough, sore throat, muscle aches, runny nose, vomiting, and diarrhea.

When a staff member, student, camper, or guest is on site and develops any illness, it should be immediately reported to the Qwanoes Health Care team. Qwanoes Health Care will document symptoms and the times reported as well as assist in any contact tracing. Further, if the health care team deems it necessary, sick people may be sent home or asked to self-isolate.

Proper hygiene is essential to reduce the risk of contagious disease transmission. This involves washing hands often with soap and water for at least 20 seconds, using alcohol-based hand sanitizer (at least 60% alcohol), coughing or sneezing into your elbow, and avoiding touching your face. Staff, campers, students, and guests will be reminded regularly about proper hygiene and younger campers will be

assisted with hand washing as needed. Camp Qwanoes Hygiene Guidelines are posted in various places around the camp.

Buildings will be generally cleaned and disinfected daily. High contact surfaces (e.g. shared equipment, door knobs, light switches, table tops) will be cleaned and disinfected as required. Any surface that is visibly dirty will be cleaned and disinfected. For equipment or surfaces that cannot be easily disinfected, increased attention to appropriate hygiene practices (i.e. handwashing) will be given.

If a person is deemed to have a potential communicable disease, extra cleaning and attention will be given to those areas where that person had recently been (i.e. rooms, cabins, washrooms, tables, etc.).

While most activities at camp will happen outdoors, any activity that occurs indoors will be in a well-ventilated space. Physical markers and barriers, as well as appropriate signage regarding physical distancing and mask usage, have been installed where appropriate.

#### Communicating Measures, Practices, and Policies

In addition to the training normally received, Qwanoes staff training currently includes teaching communicable disease (including COVID-19) related policies and procedures.

Staff, students, guests, and campers (and their parents or guardians) will be educated on communicable disease related policies and procedures relevant to them through a combination of the registration process, pre-camp communications, on-site orientation, signage and other forms of communication. Reminders will be given as needed.

#### Monitoring the Camp and Updating the Plan

Camp Qwanoes has a joint health and safety committee that meets monthly and this committee, along with the CRT (COVID Response Team), will provide feedback to update this plan as necessary.

At any point, staff, students, guests, or campers may contact the health and safety committee or CRT to provide feedback.